

**WEEK 1**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> Cereal Strawberries Milk	<b>Breakfast</b> Oatmeal Oranges Milk	<b>Breakfast</b> Bread & Cream Cheese Peaches Milk	<b>Breakfast</b> Pancakes Banana Milk	<b>Breakfast</b> Yogurt & Granola Cereal Mixed Fruit Milk
<b>Lunch</b> Rice & Potato stew with beef Cucumbers Apple Milk	<b>Lunch</b> Lentil Soup Honey Bun Carrots Banana Milk	<b>Lunch</b> Mac & Cheese Toast Broccoli Blueberries Milk	<b>Lunch</b> Chicken Shawarma Sandwiches Corn Pineapple Milk	<b>Lunch</b> Spaghetti & Meatballs Green Beans Peaches Milk
<b>Snack</b> Goldfish/Grain Cheese Stick	<b>Snack</b> Apple slices with Peanut butter	<b>Snack</b> Mixed Veggies With Ranch	<b>Snack</b> Cheese & Crackers	<b>Snack</b> Banana Muffin Milk

**WEEK 2**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> Bread & Cream Cheese Apple Sauce Milk	<b>Breakfast</b> Toast, Jelly & Peanut Butter Oranges Milk	<b>Breakfast</b> Oatmeal Applesauce Banana Milk	<b>Breakfast</b> Cheerios Berries Milk	<b>Breakfast</b> Pancakes Strawberries Milk
<b>Lunch</b> Turkey Noodles Celery Watermelon Milk	<b>Lunch</b> Rice & Chicken Legs Tangerines Mixed Veggies Milk	<b>Lunch</b> Rice & Fish Corn Banana Milk	<b>Lunch</b> Shawarma Beef Sandwiches Cantaloupe Milk	<b>Lunch</b> Pasta With ground beef Carrots Apple Milk
<b>Snack</b> Dried Fruits Trail Mix	<b>Snack</b> Apple & Milk	<b>Snack</b> Cheese Sticks & Croackers	<b>Snack</b> Yogurts & Granola Cereals	<b>Snack</b> Raisins & Graham Crackers

**IF YOUR CHILD IS ALLERGIC TO ANY FOOD ITEM, PLEASE MENTION THAT TO OUR MANAGEMENT TEAM.**

**WEEK 3**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b> Toast & Jam Banana Milk	<b>Breakfast</b> Cold cereal Banana Milk	<b>Breakfast</b> Waffles Blueberries Milk	<b>Breakfast</b> Yogurt with Granola Cereal Apples Milk	<b>Breakfast</b> Muffins Mixed Fruits Milk
<b>Lunch</b> Okra & Rice Beef Tangerines Milk	<b>Lunch</b> Tortilla Cheese & Beans Corns Pineapple Milk	<b>Lunch</b> Potatoes & Eggs Sandwiches Bell Pepper Peaches Milk	<b>Lunch</b> Pasta, Beans & Corn Oranges Milk	<b>Lunch</b> Meatballs & Rice Lettuce Banana Milk
<b>Snack</b> Blend fruit & Crackers	<b>Snack</b> Cut-up fruits & Muffins	<b>Snack</b> Pritzl's & Sliced Cheese	<b>Snack</b> Graham Crackers	<b>Snack</b> Guac Toasts

**WEEK 4**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b> Bagel & Honey Pecan Cheese Peaches Milk	<b>Breakfast</b> Oatmeal Mixed Fruits Milk	<b>Breakfast</b> Southwest Tofu Scramble With Bread Blueberries Milk	<b>Breakfast</b> Peanut butter and jelly Banana Milk	<b>Breakfast</b> Scrambled eggs and shredded cheese on a tortilla Raisins Milk
<b>Lunch</b> Pasta With Chicken Carrots Mixed Fruits Milk	<b>Lunch</b> Rice With Ground Beef Soup Cucumbers Peaches Milk	<b>Lunch</b> Fish Sticks Tomatoes & Bread Banana Milk	<b>Lunch</b> Beef and cheese roll-ups Tomatoes apple Milk	<b>Lunch</b> Pizza Corns Pineapple Milk
<b>Snack</b> Banana	<b>Snack</b> Figs	<b>Snack</b> Cinnamon Toast & Apple	<b>Snack</b> Cheese Sticks & Salty Crackers	<b>Snack</b> Apple & Trail mix

**IF YOUR CHILD IS ALLERGIC TO ANY FOOD ITEM, PLEASE MENTION THAT TO OUR MANAGEMENT TEAM.**